



325-A Kennedy Memorial Drive
Waterville, Maine 04901
207-873-2731 Fax 207-873-1106
Toll Free: 1-800-660-3403

Appointment Date: _____

Appointment Time: _____

Doctor: _____

IMPORTANT INFORMATION FOR YOUR UPCOMING APPOINTMENT

**New patients are usually dilated on their first examination.
We strongly recommend that you bring a driver.**

Please refrain from wearing scented products to your appointment.

Important Insurance Information

If you have an insurance that requires a referral:

1. If your appointment is for anything other than a routine eye exam, please call your primary care physician before your appointment at Eye Care of Maine and ask them to fax a referral to our office. You need to tell your primary care physician when your appointment is, who your eye doctor is and what your eye problem is.
2. If you receive the referral paperwork prior to your appointment, please bring a copy of it with you.
3. If you do not obtain the referral prior to your appointment, please call our office. We may need to reschedule your appointment.

If you have **MaineCare**, please remember to bring your current MaineCare papers with you.

If you have **MaineCare Prime Care**, please follow the rules for insurances that require referrals above.

Important information you need to bring:

The following information will be collected by the doctor's assistant when they begin the examination.

1. A list of all current medications that you are taking; name of medication and dosage.
2. If you are a diabetic, please bring your last recorded blood sugar level.
3. Name of your primary care physician.
4. Name of your referring/treating physician, optometrist or ophthalmologist.
5. If you are a contact lens wearer, please wear your contacts to your appointment and bring your glasses with you.
PLEASE NOTE: If your appointment is for a cataract evaluation, do NOT wear your contacts to your appointment. You need to have your contacts out for two weeks before your next exam (three weeks for hard contact lens).
6. Please bring some form of payment for any charges that are not covered by insurance. We accept cash, checks, CareCredit, Mastercard, Visa, and Discover.

If you are being seen by our retina specialist:

1. Please plan to be with us for approximately 2 to 2 1/2 hours as retina exams are more extensive than general eye examinations.
2. If you are a diabetic, you may want to bring a small snack with you.
3. You will need a driver, as your eyes will be dilated for examination.

We hope to make your visit here as pleasant as possible. Your patience and cooperation is appreciated. If you have any questions or concerns, please call us at 1-800-660-3403 or 873-2731. We look forward to seeing you soon!

Thank you,

Directions to:

**Eye Care of Maine
325-A Kennedy Memorial Drive
Waterville, ME 04901
(207) 873-2731**

NORTH BOUND

Proceed North on I-95. Take Exit 127 (formerly Exit 33). At the end of the exit ramp, turn right. Go past Hampton Inn (left side) to the top of the hill. Eye Care of Maine is in the medical office complex at the top of the hill on the left. Our building is the first one on the right after you enter the complex.

SOUTH BOUND

Follow I-95 South to Exit 127 (formerly Exit 33). At the end of the exit ramp, turn left. Go under the interstate, past Hampton Inn (left side) to the top of the hill. Eye Care of Maine is in the medical office complex at the top of the hill on the left. Our building is the first one on the right after you enter the complex.